

# ZERO WASTE GUIDE TO OKC

Want to reduce your individual footprint, but don't know where to get started? This guide provides ideas of local places to help you use less, waste less, and find your sustainability community!

Zero Waste Practices

Local Food Sourcing

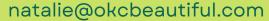
Hard to Recycle Item Drop
Off

Bulk Shopping Options

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Sources

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Mending & Repair Options







# ZERO WASTE PRACTICES

What does it mean to go "zero waste?" Going zero waste is an aspirational attempt to lower our individual waste footprints, or to throw away as little as possible. It goes back to a few primary tenants: reduce, reuse, recycle, compost, and source local.

(Reduce:) The most direct way to reduce your waste, and sometimes the most overlooked. Reduction is all about using less in the first place. In a culture centered around consuming, to use less stuff is a radical act. This principle should always be accounted for. Do I really need this?

Reuse: Reuse is a critical part of reducing our waste. Think about your daily habits, and choose one or two to start with. Use a reusable bottle, bring your own container for take-out, carry a reusable cup for coffee shop visits, learn basic mending or repair skills... there are so many options to incorporate reuse into your daily life.

(Recycle:) The EPA estimates that 75% of waste in the United States can be recycled. Learning the regulations for your curbside recycling bin and finding recycling centers for hard-to-recycle items can help reduce the amount of waste that ends up in our landfills.

Compost:) Organic materials such as fruit and veggie scraps, dirt, wood, and lawn waste can be recycled into nutrient-rich and healthy soil. Composting not only keeps organic waste out of landfills, but also helps naturally boost the quality of soil in our gardens and lawns.

(Source Local: ) Shop local! Not only is sourcing products locally a great way to support your community, but it also cuts down on your personal footprint by reducing transportation emissions and conserving other important resources.





### HARD TO RECYCLE ITEMS

Not everything can be recycled in your standard curbside bin. There are several resources available for hard to recycle items, including batteries, paint, household chemicals, and more!

### Oklahoma City Recycling Requirements:

Be sure to check for your local municipality for specific recycling requirements, locations, and limitations.

#### **Recyclable Items:**

Paper Metal Cans Plastic Cardboard Glass Bottles/Jars Paper Cartons

### **Recycling Requirements:**

Items must be empty, clean and dry.

Items must be placed loose in the recycling bin - not bagged.

Hard to Recycle Item

<u>Drop Off</u>

Click here to access the City of Oklahoma City's "Beyond the Bin" list, which provides resources for recycling less common items.

OKC Recycling Drop
Off Locations

Here you will find locations for recycling centers in Oklahoma City.

OKC Hazardous
Waste Dropoff

The OKC Household Hazardous Waste Collection Center allows you to shop previously discarded household chemicals for free.

For more information about Oklahoma City's commercial recycling options and resources, check out OKC Beautiful's <u>Green Business Guide.</u>







# Sustainable Clothing

With the rise of fast fashion and the ever-evolving nature of style, clothes cycle in and out of people's wardrobes regularly. Because of this, textiles are a massive contributor to the amount of total U.S. waste. Add sustainable shopping and textile recycling to your routine to keep your clothes out of the landfills.

### Library OKC

LibraryOKC is a clothing borrowing service where you share clothing with others in the community.

www.library.clothing | 2807 N Walker Ave Suite 5 | @libraryokc

### Clothing Swaps

Clothing swaps are an opportunity to update your wardrobe in a sustainable and eco-friendly way.

After purchasing a ticket and bringing a bag of your own clothes, you can shop around other participant's closets. @okcclothingswap | OKC Children's Clothing Swap

### **Thrift & Vintage Stores**

Supporting secondhand stores is a great way keep gently used and preowned textiles out of landfills.

Follow the link to find a map of Oklahoma City's thrift stores.

Several retail stores offer on-site textile recycling. Some stores in Oklahoma City include:

> Gap H&M Levi's Madewell The North Face Soma Uniglo







# COMPOSTING RESOURCES

Organic waste is something we encounter in our daily lives and a huge component of waste we produce. You can reduce your food waste footprint by recycling food waste in a home compost, or through utilization of these local composting services.

### Fertile Ground Cooperative

If you don't have the resources to build up home compost, Fertile Ground's curbside program is a potential option.

Fertile Ground collects household food waste and yard or landscaping waste (on a limited basis) for community compost that is distributed out annually to program participants and donated to local schools and gardens. www.fertilegroundok.coop | 405-633-0264 | @fertilegroundok

#### **Prairie Dirt Solutions**

Tree debris from storms, construction projects, and natural disasters end up in

picks up large-scale wood and dirt waste and creates compost with it. www.prairiedirtsolutions.com | 405.365-5023 | @prairiedirtsolutions

### Chip Drop

Looking for wood chips for your garden or compost? Need a sustainable use for leftover wood from a project?

Chip Drop delivers arborist wood chips to people for their yard, garden, and compost projects for free. www.getchipdrop.com | @chipdrop

Green Waste Facilities in Norman & Midwest City

Norman and Midwest City residents have access to yard waste drop-off at municipal facitilities.

Norman - 398 Bratcher Miner Road - Click here for details. Midwest City - 7420 NE 36th St - Click here for details.

### For more information about composting in Oklahoma, visit

- The Oklahoma Compost and Sustainability Association
- Oklahoma State University Cooperative Extension Services
- The Oklahoma Recycling Association







### LOCAL FOOD SOURCING

Our shopping choices have a huge impact on our carbon footprint. Buying locally sourced, in-season produce is a great way to cut down on transportation emissions.

### Farmer's Markets

### **NEOKC Farmer's Market**

Every Saturday from 9:00 AM - 1:00 PM June - September <u>Riley Leroy Pitts Park</u>

### Scissortail Park Farmer's Market

Every Saturday from 9:00 AM - 1:00 PM April - October Scissortail Park

### **OKC Farmers Public Market**

Every Saturday from 9:00 AM - 2:00 PM Open Year Round OKC Farmers Public Market

### Prairie Earth Gardens

Wednesdays 10:00 AM - 2:00 PM Saturdays 8:00 AM - 11:00 AM 8500 N Eastern Ave,

### Norman's Farmer's Market

Saturdays 8:00 AM - 1:00 PM 210 James Garner Ave.

### Grocery Stores

#### <u>Urban Agrarian</u>

Open Monday-Sunday 1235 SW 2nd St. Oklahoma City, OK 73108

### Flora Bodega

Open Monday - Sunday 3020 N Walker Ave. STE B Oklahoma City, OK, 73103

# Grocery Delivery

### **LocalFarmOK**

LocalFarmOK is a family owned farm that partners with other local businesses to deliver Oklahoma sourced produce and goods straight to your front door.





# BULK SHOPPING OPTIONS

Stock up on your household shelf staples! Shopping in bulk can not only reduce your plastic waste footprint, but it can also save you money.

There are several grocery stores in Oklahoma City that offer bulk shopping options. These stores range from zero-waste BYOC (bring your own container) options to pre-packaged bulk sizes.

### **Sprouts**

### Locations:

6410 N May Ave (OKC) 12200 N MacArthur Blvd Ste C (OKC) 12100 S Pennsylvania Ave (OKC) 559 W Main Street (Norman)

### Whole Foods

**1 OKC Location:** 6001 N. Western Ave

### **Natural Grocers**

### Locations:

2120 SW 89th St (OKC) 7013 N May Ave (OKC) 1918 W Main Street (Norman)

### WinCo Foods

#### 1 OKC Location: 3535 NW 39th St

Open 24 Hours



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Know of a resource or location missing from our list? Give us a shout!



# REFILLERIES

About 35-40% of all plastic produced is used in commercial packaging. Refilleries allow you to bring and fill up your own reusable containers so you can purchase the products without the plastic.

#### **RE:SUPPLY**

617 W Sheridan Ave (OKC) 408 E. Main Street (Norman)

#### Refillables Include:

Body care products
Household care products
Nuts & Seeds
Teas
Herbs & spices
Adaptogens
Dried Goods
Baking Ingredients

### The Refillery - Local Lather

1757 NW 16th St, Oklahoma City, OK 73106 In the Plaza District

#### **Refillables Include:**

Body care products
Hair care products
Dental care products
Household cleaners
Laundry supplies
Select bulk items

### Plenty Mercantile

807 North Broadway Avenue Oklahoma City, OK 73102 In Automobile Alley

#### Refillables Include:

Body care items
Household products
Specialty products
Laundry products







# MENDING & REPAIR

The normal wear and tear of everyday items can be reduced with proper care. When your items start showing signs of damage, consider taking them in for a fix before you toss them! Not only can this save you money, but it also reduces the amount of fixable and usable items that end up in landfills.

### **Appliance Repair**

Click here to find repair options for kitchen, outdoor, and personal appliances.

### **Bicycle Repair**

Click here to find maintenance and repair for cycling needs.

### **Electronics Repair**

Click here to find repair options for electronic software and hardware.

### **Automotive Repair**

Click here to find maintenance and repair for motor vehicles.

#### Camera Repair

Click here to find maintenance and repair for photography equipment.

### Shoe Repair

Click here to find cobbler services.

### Tailors and Clothing Repair

Click here to find tailoring and mending for clothing and other textiles.

### Zero-Waste Pro Tip.

Following the care instructions of the products you buy can extend their lifespan by a lot! Review your tags and manuals to ensure proper use and maintenance.



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